

We women propose to all – men , women, politicians, administrators, associations, didactic circles, professors, entrepreneurs , workers, - to all the civic and political society, to adhere to the

**Manifesto
for the
week of the food education in the schools**

1. Learning from children is fundamental to building an individual and collective consciousness. Eating habits - a fundamental part of our existence and of our prosperity - are built from an early age and therefore in school .
2. Direct contact , the experience in the first person is essential in the construction of emotions and consciousness foundations. The palate, body, taste must be taught and educated. The emotion of food has to be study just like History in order to allow each person to build its personality in well-being and in consciousness.
3. A Week for Food Education in schools – starting from the primary ones – must bring the children to personally experience good food (really good food, not adjusted or altered) so as to let them learn directly what is good food and how does it differ from incorrect and ingenuine food.
4. Through the experience of the food history you're also exposed to studying the country History, Geography, and Common Habits are studied , especially in Countries rich in food tradition and with different ingredients in each territory.
5. During the Week of the Food Education in schools producers, experts, technicians and also parents have to be involved so that the complexity of the food production is represented and children can experience it.
6. Specific didactic instruments and skills made to teach children – even the smallest ones – must be used and involved in the forming experience within each class and school following the level of the module with which people interact.
7. Extra virgin olive oil in particular must be a milestone of the didactic and of the food experiences being the common centre of a vast geographical area facing the Mediterranean. Olive oil is in fact a pillar of the Mediterranean food tradition and a very important element in the search for food that is good for the body.
8. Other knowledge elements , specific to the Countries of interest, must be the traditional productions, artisanal and farming , that are the base of the food history of the country and of the referred geographic area .